**Adult Lessons @ Endeavour Swimming**

**Monday Evenings – 6.00pm – 7.30pm**

***Preliminary Questionnaire***

Endeavour Swimming are planning to launch lessons for adults (18+) beginning in January 2020.

Lessons will be taught by Nikki Walsh, who has over 25 years of swimming teaching experience and teaches hundreds of children to swim every week across West Lancashire at both primary and secondary school swimming lessons and Endeavour Swimming.

Nikki is Level 2 Swimming Teacher, NPLQ Lifeguard and First Aid trained.

The purpose of this questionnaire is to determine interest, abilities of those interested and how we will format lessons. Lessons will be £6.50 per lesson payable in advance as a block each half-term – lessons will take place during school term time only. Further details available on request.

Please return this questionnaire to [swimming@tarletonacademy.org](mailto:swimming@tarletonacademy.org)

or to an Endeavour Swimming teacher.

This is not a booking form – once we have collated responses we will be in touch regarding lessons starting in January and how to book. Thank you.

**Your Details**

|  |  |  |  |
| --- | --- | --- | --- |
| **Forename** |  | **Surname** |  |
| **Home Phone** |  | **Mobile Phone** |  |
| **Email** |  | | |

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| --- | --- | --- |
| **Your Current Swimming Ability – Please Choose Best Fit** | | |
| **Non Swimmer** – want to learn to swim and develop confidence in water | | |
| **Beginner/Intermediate** – able to swim, want to improve technique and/or stamina | | |
| **Advanced –** working towards a swimming goal/challenge, triathlon, open water etc | | |
| **Your Preferred Timeslot – Monday Evenings** | | |
| **Time:** | 6:00pm – 6:45pm | 6:45pm – 7:30pm |
|  |  |  |

**Your Swimming History**

Previous Lessons – how long ago/effectiveness?

Do you swim regularly? How often and how long for?

Please list any additional information you feel we may find useful relating to swimming lessons