



Southport Foodbank
Lakeside Church
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FOODBANK OFTEN RUNS SHORT OF;

Long Life Orange Juice – 1 Litre

Coffee

Long Life Milk – 1 Litre

Rice Pudding

Dried rice

Tins of Cold Meat (e.g. Corned Beef, Ham)

Tins of Tomatoes

Cereal

Tea

Cook in Sauces

Tinned Fish

(Donations of toiletries are also welcome including soap, shampoo, toothpaste and nappies)