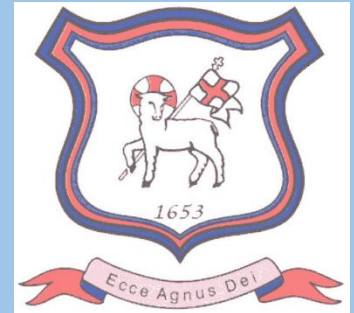


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a really positive
DIFFERENCE
developing children



Monday 10th – 12th March 2025



Canoeing



Challenge Course



Climbing



Archery



Caving



Crate Challenge



Nightline



Piranha Pool



Dungeon



Giant Swing



Climbing



Quest

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we make
a really positive
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Caving



Zip Wire



Trapeze



Piranha Pool

Sleeping arrangements

- Dormitories are heated, have toilets and call buttons for emergencies
- There are separate dormitories for boys and girls
- Dormitories sleep 6 children in bunk beds
- We will inform the children of their groupings / dormitories before we go and on arrival
- All bedding is provided
- Please let us know of any issues your child may have around bed time be it sleepwalking, bedwetting or needing to have a light on
- Night shift on duty throughout and in constant contact with group leader



FOOD



- Variety of food on offer
- Breakfast normally toast and cereal
- Lunch choice of sandwiches
- Evening meal choice 2 - 3 options
- Cater for dietary requirements



- Regular breaks with snacks, fruit and drinks



Clothing List

- Water Bottle
- 4 Comfortable long-sleeved tops (sweatshirts/jumpers/hoodies/fleeces)
- 3 T-shirts (not vest type)
- 3 Pairs of trousers (not restrictive; sportswear is good/ideally not jeans)
- 1 Pairs of shorts (knee length)
- 5 Sets of underwear
- 6 Pairs of socks
- 2 Pairs of trainers
- 2 Towels
- 1 Waterproof coat
- 1 Warm hat
- 1 Pair of warm gloves
- 1 Set of nightwear
- 1 Bag of toiletries
- 1 Black bin liner



Only bring a small suitcase as you need to be able to carry/wheel it!

Do we split the classes up?

Should I bring my travel sickness tablets?

I'm afraid of the dark!

Are we going in our normal clothes?

What will we be eating? / I might not like the food.

Are all the girls in one room?



Will we be with our friends?

How many people are sleeping in the same room?

Are you allowed to not go if you are frightened?

The Piranha Pool

I am scared of heights

Will we go on a zipwire?

Can you bring sweets in your suitcase?

Can you take a teddy?



Any Questions?