

# PE coverage 2023 2024 Cycle B

Slightly amended with change of coaches to WLSP ( NOT ALL tournaments are listed) will be reviewed this year in light of new WLSP scheme of work

|             | Class 1  |  | Class 2  |  | Class 3  |   | Class 4   |   |
|-------------|--|--|--|--|--|---|---|---|
|             | 1  | 2  | 1  | 2  | 1  | 2   | 1   | 2   |
| Aut 1       | Fundamental skills (run, jump, balance) A  | Fundamental skills ( hop skip sidestep)  | Swimming   | Indoor Athletics Succeedin Year 2 1-6  | WLSP Athletics AM y4                                 | SA Basketball ( net games succeed in year 5 1-6)  | WLSP Athletics AM y6  | VG Net games ( Netball succeed in year 6 lesson 1-6)                    |
| Tournaments | KS1 football; KS1 sportshall;School games and festivals  |  |  |  | Football; Netball; Dengineers                        |   |   |   |
| Aut 2       | Fundamental skills (multiskill movement lesson A continued   | Fundamental skills Dance year 1 lesson 1-6   | Swimming   | Invasion games – rugby ( succeed in year 3 l1-6)   | WLSP Athletics/FSM AM y4                             | SA Basketball ( net games succeed in year 5 7-12) | WLSP Athletics AM y6  | Table tennis/ badminton succeed in year 6 lesson 7-12 1 swim assessment |
| Tournaments | Sportshall athletics; Composite relay; football?   |  |  |  |  |   |   |   |
| Spring 1    | Fundamentals (FMS A will follow this – run jump and balance Succeed in outdoor athletics year 1 , 1-6) | WLSP - TBC Athletics AM FMS B will follow this - Hop, Skip and Sidestep            | Swimming   | WLSP –OAA Tues AM  | Gym- plans tbc                                       | WLSP OAA Tues AM                                  | Cross Country – personal best ( running lesson year 6b 1 -4 / gym | VG Invasion games ( hockey succeed in 1-6 Yr6)                          |
| Tournaments | Scavenger hunt   |  |  | Indoor cricket; Tennis; Gymnastics; Performing arts – Tarleton; swim gala<br>Wlsp dance comp |  |   |   |   |
| Spring 2    | Fundamentals (FMS A will follow this – run jump and balance  | WLSP - TBC Athletics AM continue B FMS B will follow this - Hop, Skip and Sidestep | WLSP enrichment Rugby additional session Thursday am | Class 2 dance Louise ross 2-3 Tuesday hall needed  | WLSP enrichment Rugby additional session Thursday am | WLSP -dance Tuesday AM                            | WLSP dance Tues AM  | WLSP enrichment Rugby additional session Thursday am                    |

|             |  |   |  |   |  |                                      |                                      |  |
|-------------|--|---|--|---|--|--------------------------------------|--------------------------------------|--|
|             | Succeed in outdoor athletics year 1, 1-6)                      |   |  |   |  |                                      |                                      |  |
| Tournaments |  |   |  | Tag rugby ; Golf; Cross country; Muddy woody; OAA: cricket              |  |                                      |                                      |  |
| Summer 1    | Net games skills ( tennis skills succeed in year 1 lesson 1-6) | Bolt on Balance bikes                               | WLSP – striking and fielding /FS Tues AM | Bolt on scoot safe  | SA Dance Wlsp year 5 1-6   | WLSP – striking and fielding Tues AM | WLSP – striking and fielding Tues AM | VG Dance                                     |
| Tournaments |  |   |  |   | Cricket; swimming Gala   |                                      |                                      |  |
| Summer 2    | Fundamental skills Golf Golf foundation planning               | -athletics fundamental skills Throwing and catching | WLSP – striking and fielding /FS Tues AM | Gym Succeed in wslp plans 1-6   | SA Invasion games – through football plans to be determind from succedin | WLSP – striking and fielding         | WLSP – striking and fielding Tues AM | VG Free choice 2 week swimming ( assessment) |
| Tournaments | Tennis   |   |  | Tag rugby at Club level; Mixed cricket;Athletics; TASAolympics;Rounders |  |                                      |                                      |  |

### Autumn Term:

Wednesday 6<sup>th</sup> September – Friday 20<sup>th</sup> October 2023

Monday 30<sup>th</sup> October – Tuesday 19<sup>th</sup> December 2023

### Spring Term:

Monday 8<sup>th</sup> January – Friday 9<sup>th</sup> February 2024

Monday 19<sup>th</sup> February – Thursday 28<sup>th</sup> March 2024

### Summer Term:

Monday 15<sup>th</sup> April – Friday 24<sup>th</sup> May 2024

Monday 3<sup>rd</sup> June – Friday 19<sup>th</sup> July 2024

Included within all these sports and PE coverage areas are the principles of good sportsmanship, contribution to team through attending and committing to practice and training, developing each other and building skills in self and others. The language of sport must be within and the child's ability to discuss

progress and areas of improvement and be self motivated to improve. In addition to developing those children who have gaps in their physical literacy to ensure a build up of skills ( even if this means looking back at fundamental skills if not secure), our higher achievers in sport will be challenged to be coaches/leaders and their ability to inspire and excel through developing themselves, the team and others.

Full competition calendar with TASA through WLSP and also revived links with Croston sports cluster.