



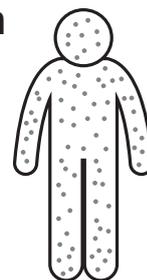
Public Health  
England

# Measles is circulating

- measles is extremely infectious and can be serious
- anyone over 1 year of age needs to have the MMR vaccine
- ask for the free vaccine from your family doctor (GP) if you, or your children, haven't had 2 doses already
- if you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others
- symptoms include: high fever; sore red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the first symptoms
- go to **nhs.uk** for more measles information

## Symptoms

Rash



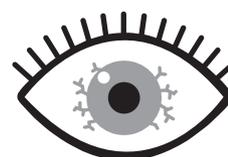
Temperature



Runny Nose



Red Eyes



Cough

