



Children's Ju Jitsu Classes!

One of today's fastest growing pastimes for children, is the Self-Defence based Martial Art of Ju Jitsu. We are very pleased to announce the return of our Ju Jitsu class at your child's school!

These lessons are only for children who attend Bretherton Endowed Primary School and are suitable for all levels.

Classes will start on **Monday 2nd November 2020, 3:30pm – 4:30pm** and will take place in the school hall.

Who are Nippon UK Martial Arts?

Nippon UK was established in 1993. In this time our team have created partnerships with hundreds of schools and venues throughout the northwest and Merseyside. We have also just been named **Northern Enterprise Awards 2020 - Best Children's / Youth Martial Arts School – Lancashire.**

Martial arts are a great way for children to become physically active whilst learning a valuable skill. We promote **healthy lifestyles, self-confidence and well-being, discipline, teamwork** and **anti-bullying**, all in a fun, covid secure learning environment!

All of our instructors are full time, fully qualified professionals, who are trained in Ofqual regulated Paediatric First Aid, Safeguarding Children and Prevent training, Insured and Enhanced DBS checked. They have also completed Covid – 19 Awareness Training Courses. Touch free Temperature checks will be taken upon arrival to lessons.

What does it cost?

Classes cost £30.00 per half term.

To book a place or for more information, please call **01772 497838** or **07861 391 371**, email **katheryne@nipponuk.com** or send us a message via our **social media** pages.

