



OUR M&J TEAMS TRAIN ON THE FOLLOWING DAYS & TIMES

TUESDAYS

U5s & U6s	6pm - 7pm
U7s	6pm - 7pm
U8s	6pm - 7pm
U9s	6pm - 7pm
U10s	6pm - 7pm
U11s	6pm - 7pm
U15s	6.15pm - 7.30pm

WEDNESDAYS

U13s	6.30pm - 7.45pm
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SUNDAYS

U11s	10am - 11am
U13s	10am - 11.30am
U15s	10am - 11am