

Family Know How

This free course will look at the issues and dilemmas that parents face when trying to manage everyday family life.

You will learn to identify the purpose of active communication and positive interaction with children, including having clear, realistic expectations, making time to interact, giving choices and showing unconditional love.

Friday 16th June for five weeks

1.30pm - 3.15pm

The Grove Neighbourhood Centre, Station Approach, Burscough L40 ORZ

You will also learn how to challenge behaviour while focusing on the positive, as well as how to give praise and set boundaries.



We look forward to meeting you!